

## International Students Health/Immunizations Requirements

The Grand View Student Health Center looks forward to being your medical home away from home while you are here at Grand View University. Listed below is a list of health requirements you need to meet before you come to campus.

Grand View follows the Centers for Disease Control and Prevention (CDC) recommendations for student immunization requirements.

### Checklist for Incoming International Students: Prior to Arrival

**Obtain your immunizations record.** Please include the student's full name, date of birth, and Grand View ID number on each page sent. (We ask this in case electronically sent records are not legible or we have questions). Make a copy of immunization record (translated).

**Measles Requirements:** Grand View requires that all new (including transfer and graduate) students living on campus who were born on or after January 1, 1957 to show documentation of immunization or immunity to measles. Measles immunizations may be listed as Measles, MMR, MR, or Rubeola (titer – blood test).

**You must provide ONE of the following:** Proof of two measles and/or combination measles, mumps, rubella (MMR) vaccination dates. The first measles vaccination must be administered after one year of age; the second measles vaccination must be administered at least 28 days after the first vaccination, OR proof of immunity to measles by positive rubeola (measles) titer (blood test). Before you arrive on campus, you may find it most convenient to visit your current health care provider or contact your health department to complete the vaccination requirements. GV Student Health also administers vaccines and other lab tests.

**Meningitis Requirements:** The State of Iowa requires that all universities provide information on the meningitis vaccination to incoming students. If you will be living in the residence halls, it is recommended by the CDC that you receive this vaccination. This vaccination is not required, but it is highly recommended and documentation is required. Meningococcal disease can cause meningitis (infection of the lining of the brain and spinal cord) and infections of the blood. Even when it is treated, meningococcal disease kills 10 to 15 infected people out of 100. And of those who survive, about 10 to 20 out of every 100 will suffer disabilities such as hearing loss, brain damage, kidney damage, loss of limbs, nervous system problems, or severe scars from skin grafts. Anyone can get meningococcal disease but certain people are at increased risk, including university freshmen living in residence halls and adults 16 – 23 years old. <https://www.cdc.gov/vaccines/hcp/vis/vis-statements/mening.pdf>

Meningococcal ACWY vaccine 2 doses: First dose: 11 or 12 year of age  
Second (booster) dose: 16 years of age.

**Tuberculosis Testing:** Tuberculosis (TB) is caused by a bacterium called mycobacterium tuberculosis. The bacteria usually attack the lungs, but TB bacteria can attack any part of the body such as the kidney, spine, and brain. If not treated properly, TB disease can be fatal. For basic facts on tuberculosis, please visit the

The Centers for Disease Control and Prevention website at <https://www.cdc.gov/tb/default.htm>

Tuberculosis screening (blood test) is required of all incoming international students. The cost is \$

Please make a copy of any records pertaining to previous tuberculosis testing or treatment that you may have had such as BCG or PPD, positive TB diagnosis and treatment dates and medicine prescribed, most recent chest x-ray.

**Immunization records, insurance card copy and Student Health Forms** should be turned in together.

**Translated information regarding drug allergies, medications that you take or any chronic health conditions you have.** It is highly recommended that you keep this information in something that you keep with you, for example: your wallet or purse in case you would require urgent medical attention while you are here. This will help the medical provider better care for you.